

YOGA/PILATES INSTRUCTOR

CITY OF WESTMINSTER FAMILY CENTER

Position available for Certified Yoga/Pilates Instructor with at least one year's experience. \$18+/hour, 1-3 hours/week. Free membership to gym included, plus continuing education reimbursement for annual certification.

Download application at www.westminstermd.gov; call 410-848-5236 or 410-876-1313, Ext. 5236 for an application; or pick up application at Human Resources, City Hall, 1838 Emerald Hill Lane, Westminster MD 21157.

Completed applications must be received by 5:30 p.m. on February 21, 2012.

Employing And Promoting Equally Today And Tomorrow/EOE.

As per your request, enclosed is an Application for Employment with the City of Westminster, along with a copy of the appropriate job description. Please complete, sign, date and return the application to:

**Human Resources
City of Westminster
1838 Emerald Hill Lane
Westminster MD 21157**

Please note, if mailing more than one application, or enclosing a resume along with an application, extra postage may be required.

If you enclosed a resume, please do not include any personal data such as: date of birth, date of graduation, marital status, number of children, hobbies or personal interests.

If you have any questions, please call the Human Resources Office at 410-848-5236 or 410-876-1313, Ext. 5236. (Hours: Monday through Thursday, 7 a.m. – 5:30 p.m.; Closed Friday.)

The City of Westminster

APPLICATION FOR EMPLOYMENT

To Applicant: We appreciate your interest in the City of Westminster, and will use this application in evaluating your qualifications for employment. This is not an employment contract. Please answer all questions completely and accurately. If you do not understand any questions, or need assistance in completing this application, please ask. A personal resume may be attached to supplement this application. This application will be considered during the recruitment for the position applied for as noted below, after which it will become inactive.

The City of Westminster firmly commits to a policy of equal employment opportunity for applicants and employees, consistently complying with local, state, and federal laws. The City's policy is to employ qualified persons without discrimination regarding race, creed, color, religion, age, sex, country of origin, marital status, disability, sexual orientation, genetic information, political affiliation, or status in any other group protected by federal/state/local law. If you feel that you have been treated unfairly or in a discriminatory manner during the recruitment process, you should promptly contact the City Administrator. False or misleading statements on this form are grounds for termination of the application process or, if discovered after employment, termination of employment.

Position Applied For: **Yoga/Pilates Instructor** Date _____

Name _____
Last First Middle

Address _____
Street City State Zip Code

Have you worked under any other name? If so, state name _____

Date of Birth _____ **(Complete only if under age 18)**

Home Phone Number (____) _____ Best time to reach you _____

Cell Phone Number (____) _____ Best time to reach you _____

Email address _____

If offered a position, within three days of your employment, would you be able to present documents that prove your eligibility to work in compliance with the Immigration Reform and Control Act? _____

If you were referred to the City by a current City employee, please provide his/her name _____

Are you employed now? _____ May we contact your present employer? _____

Has the City of Westminster ever previously employed you? _____ If so, when? _____

When would you be able to start work? _____ Rate of pay expected _____

Are you available for: Full time _____, Part time _____, Temporary _____, Seasonal _____ work?

Are you available for evening, weekend or overtime work if necessary? Yes _____ No _____

Can you travel if a job requires it? Yes _____ No _____

CRIMINAL RECORD

Have you ever been convicted of a crime (excluding minor traffic violations)? Note: Conviction of a crime will not necessarily bar employment. No _____ Yes _____ If yes, please explain. _____

Date of conviction (year) _____. Do not report any conviction for which the records have been officially expunged.

SKILLS AND KNOWLEDGE

Use the following space to list skills, knowledge or training you possess which you believe is relevant to this job application. You may include any job-related skills training received in the United States military.

Do you have any background, experience or knowledge related to the specific job you are applying for? Please explain:

Are you capable of performing in a reasonable manner, with or without accommodation, the activities involved in the job or occupation for which you have applied? A copy of the current job description, including a description of the activities involved in such a job or occupation, has been provided to you as part of this application process. Yes _____ No _____

Please answer the following questions only if you are applying for a position that requires a CDL drivers' license:

Do you currently have a valid CDL? Yes _____ No _____. If yes, from which State was the license issued? _____

During the past two years, have you tested positive on any pre-employment drug or alcohol test administered by an employer to which you applied, but did not obtain for safety-sensitive transportation work covered by DOT drug and alcohol testing rules? Yes _____ No _____. During the past two years, have you refused to take any pre-employment drug or alcohol test administered by an employer to which you applied, but did not obtain for safety-sensitive transportation work covered by DOT drug and alcohol testing rules? Yes _____ No _____.

EDUCATION

High School

Number of years completed: _____ Diploma? Yes ___ No ___ **OR** GED? Yes ___ No ___

Name and location of High School: _____

College, Vocational, Business, and Graduate Level:

Please circle the highest years successfully completed: 13 14 15 16 16+

Name & Location of School	Major Subject	Degree

PERSONAL REFERENCES

List the names of persons whom you have known for at least a year. Please do not list relatives or former employers.

Name	Address	Phone #	Occupation	Years Known

EMPLOYMENT HISTORY

Please provide information from your last four positions, starting with your most recent or current employer. Please answer every question in this section, and include military history and rank.

Employer's / Company Name _____
Address _____ Phone # _____
Type of Business _____ Name & Title of Supervisor _____
Date Hired _____ Date Left _____ Rate of Pay _____
Your Job Title _____ Duties _____
Reason for Leaving _____ May we contact? _____

Employer's / Company Name _____
Address _____ Phone # _____
Type of Business _____ Name & Title of Supervisor _____
Date Hired _____ Date Left _____ Rate of Pay _____
Your Job Title _____ Duties _____
Reason for Leaving _____ May we contact? _____

Employer's / Company Name _____
Address _____ Phone # _____
Type of Business _____ Name & Title of Supervisor _____
Date Hired _____ Date Left _____ Rate of Pay _____
Your Job Title _____ Duties _____
Reason for Leaving _____ May we contact? _____

Employer's / Company Name _____
Address _____ Phone # _____
Type of Business _____ Name & Title of Supervisor _____
Date Hired _____ Date Left _____ Rate of Pay _____
Your Job Title _____ Duties _____
Reason for Leaving _____ May we contact? _____

PLEASE READ BEFORE SIGNING

I hereby certify that the information given by me in this application is true and complete, and understand that if employed, false statements or omission of facts called for on this application shall be grounds for immediate dismissal. I authorize investigation of all statements contained in or with my application. I authorize all persons, schools, and companies to release any information concerning my background and hereby release said persons, schools or companies from any liability for any damage whatsoever for issuing this information. I also hereby release the City of Westminster, its employees and agents from any and all liability for any and all damage whatsoever in connection with investigating all statements and matters contained in or relating to my application for employment and in evaluating my application.

The City of Westminster has in place a Substance Abuse Policy. Post offer, pre-employment drug testing is a requirement. This policy is taken very seriously, and violation of it may be grounds for termination of the employment relationship.

If hired for a position that involves driving a vehicle of any kind, you will be required to produce a copy of your valid state driver’s license.

I understand and agree that if offered a job, the first six months of employment shall constitute an orientation/training period. By my signature I understand and agree that the employment relationship between myself and the City of Westminster is not covered by any guarantees, obligations or contracts of employment, either expressed or implied. I further understand and agree that I have the right to terminate my employment at any time. The City of Westminster retains the right to terminate my employment for any reason not otherwise unlawful during the probationary period.

In submitting this application, I understand that it becomes the property of the City of Westminster, and will not be returned to me.

APPLICANT SIGNATURE _____ **(SEAL) DATE** _____

UNDER MARYLAND LAW, AN EMPLOYER MAY NOT REQUIRE OR DEMAND, AS A CONDITION OF EMPLOYMENT, PROSPECTIVE EMPLOYMENT, OR CONTINUED EMPLOYMENT, THAT AN INDIVIDUAL SUBMIT TO OR TAKE A LIE DETECTOR OR SIMILAR TEST. AN EMPLOYER WHO VIOLATES THIS LAW IS GUILTY OF A MISDEMEANOR AND SUBJECT TO A FINE NOT EXCEEDING \$100.

(Applicant signature is required by the State of Maryland)

APPLICANT SIGNATURE _____ **DATE** _____

Please note that the above section regarding lie detector or similar tests does not apply to those individuals who are seeking employment or who are currently employed by the Westminster Police Department.

EQUAL EMPLOYMENT OPPORTUNITY DATA

As part of our compilation of data for equal employment opportunity requirements, the City of Westminster must report statistical information about the ethnic/sex/handicap composition of our applicant file. We would appreciate your help in providing the information requested. **It will be kept separate from your application and completely confidential. This information WILL NOT be used to make a decision on whether to hire you.** Please detach this section and return it to the receptionist with your application. Thank you for your cooperation.

YOUR COOPERATION IS VOLUNTARY. Inclusion or exclusion of any data will not affect any employment decision.

Position Applied For: _____ Date: _____

Name: _____
Last First Middle

Address: _____
Street City State Zip Code

Home Phone Number: (_____) _____ Cell Phone Number: (_____) _____

Date of Birth _____ Gender: _____ Male _____ Female

Ethnic Origin (check one of the following):

_____ American Indian or Alaskan Native: All persons having origins in any of the original peoples of North America, and who maintain cultural identification through tribal affiliation or community recognition.

_____ Asian or Pacific Islander: All persons having origins in any of the original peoples of the Far East, Southeast Asia, the Indian Subcontinent, or the Pacific Islands. This area includes, for example, China, India, Japan, Korea, the Philippine Islands, and Samoa.

_____ Black (not of Hispanic origin): All persons having origins in any of the Black racial groups of Africa.

_____ Hispanic: All persons of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish culture or origin, regardless of race.

_____ White (not of Hispanic origin): All persons having origins in any of the original peoples of Europe, North Africa, or the Middle East.

How did you learn about this job opportunity? Please check one:

_____ Advertisement Please state name of publication _____

_____ Agency Referral Please state agency name _____

_____ Carroll County Business Employment Resource Center (BERC)

_____ City's Website _____ City's Job Hotline _____ Employee Referral

_____ Internet Please state internet source _____

_____ Walk-in _____ Other Please explain _____

CITY OF WESTMINSTER

JOB DESCRIPTION

Yoga/Pilates Instructor
Grade: N/A
FLSA Status: N/A

Department: Recreation
Position Number: 702040
Date: 02/08

Job Summary: Leads and provides safe, effective and enjoyable aerobic workout instruction in the City of Westminster Family Center aerobic program.

Essential Functions:

(Functions listed are intended only as illustrations of the various types of work performed. The omission of specific duties does not exclude them from the position if the work is similar, related or a logical assignment to the position.)

1. Assists in the development of safe, effective and enjoyable aerobic workout and muscle conditioning programs, which includes writing dance and exercise routines and matching appropriate music to the routines.
 2. Provides high/low impact and step aerobic instruction, as well as muscle conditioning and strength training instruction to members and patrons in a safe, effective and enjoyable manner.
 3. Prepares room prior to class by setting up equipment to be used. Returns equipment to storage area at the end of class.
 4. Attends quarterly meetings, training sessions, scheduled field trips, workshops, demonstration and charity events, Promotes the City of Westminster Family Center to the general public to attract new members.
 5. Communicates announcements and information to members and patrons. Contacts and arranges a substitute staff instructor when unable to teach a class; informs Aerobic Coordinator of change.
 6. Performs other related duties as assigned by the Aerobics Coordinator and/or Director of Recreation and Parks.
-

Required Knowledge, Skills, and Abilities:

City employees are expected to perform or possess the following:

1. Possession of current certification in aerobic instruction from a nationally recognized organization.
 2. Possession of current certification in First Aid and cardio-pulmonary resuscitation (CPR) techniques from a nationally recognized organization. (Certification provided through the City of Westminster.)
 3. Basic knowledge and understanding of body anatomy, exercise physiology and fitness instruction techniques. Ability to teach and provide aerobic instruction to patrons in a safe, enjoyable and effective manner.
 4. Ability to read, write, perform basic math skills, and to understand verbal and non-verbal instructions.
 5. Ability to perform the physical aspects of the job, including demonstrating and executing high, low impact and step aerobic workouts, as well as flexibility and strength conditioning workouts. This includes, but is not limited to: standing, sitting, moving almost constantly throughout the classes, stretching, bending, jumping kicking, leaning, reaching and lifting weights of up to 100 pounds. Ability to move in time to music helpful. Because of the scope of this position, the percentages of time performing these aspects will vary from day to day.
 6. Ability to effectively communicate both verbally and in writing with members, patrons, other employees, and supervisor.
-

Education and Experience:

1. High school diploma or G.E.D.;
 2. Current certification in First Aid and cardio-pulmonary resuscitation (CPR)/AED; and
 3. Current certification in aerobic instruction.
-

Physical and Environmental Conditions:

1. Exposure to noise from fans and loud music.
2. Depending on the season, the gymnasium may be hot or cold.

The above job description is not intended as, nor should it be construed as, exhaustive of all responsibilities, skills, efforts, or working conditions associated with this job.

Reasonable accommodations may be made to enable qualified individuals with disabilities to perform the essential functions of this job.
