



# 10th Annual Flower & Jazz Benefit Run/Walk



Proceeds to benefit Carroll County Youth Services Bureau and Westminster Family Center's Group Fitness Department

## Three Main Events:

**Saturday, May 8, 2010 beginning at 9:00 am**  
Wakefield Valley Community Trail

**9:00 am– 6 Years Old and Under– 200 Yard Dash**  
(Free! Receive a Medal!)

**9:15 am– 7 Years Old and Up– 1 Mile Fun Run**  
(Free! Receive a Medal!)

**9:30 am– Open 5K Run/Walk, \$20 donation**  
(Timed by the Westminster Road Runners)

### Directions:

Benefit Run/Walk will be held at the Wakefield Valley Community Trail. Follow Route 140 West, take ramp to Route 31 South. From Rt. 31 S., make a Right on Tahoma Farm Road. Parking is on the left by the Fenby Farm Boulder Park. Benefit Run/Walk starts at the trail on the Right of Tahoma Farm Road, across the street from parking.

### Information:

Same day registration will be accepted. A flower pot will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners in each category.

For more information call Sarah Carias (scarias@westgov.com or Beth Lande (blande@westgov.com) at 410-751-5501

(Please cut and return this bottom portion)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Donation: \_\_\_\_\_ Email Address \_\_\_\_\_



**Please make all checks payable to Westminster City Recreation**

**Return to: Westminster Family Center, 11 Longwell Ave. Westminster, MD 21157, or Fax to 410-848-8310**

In consideration of use of the Westminster City Park the Run/Walker, or if the Run/Walker is a minor, the Run/Walker's guardian(s), hereby agrees to release, indemnify and discharge the City of Westminster, on behalf of the Run/Walker (adult or minor). As a participant of the Run/Walk, I understand the nature of the event and that I and/or my minor child are qualified, in good health, and in proper physical condition to participate in such an event. I full accept and assume all risks and all responsibility for any injuries incurred while participating in the Westminster City Recreation 9<sup>th</sup> Annual Flower and Jazz Festival Benefit Run/Walk.

**Photographic release:** I permit the Recreation & Parks Department to use and publish photographs of me and/or my children for purposes of presenting recreation activities to the community. I also give my permission to release such photographs to the news media in support of the program. \_\_\_\_\_ (Please initial)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If under 18, Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_