

TUMBLE KICKS

(Fitness for Children)

(15 months – 5 yrs. old)



Classes are being offered at the
Westminster Family Center

11 Longwell Ave,
Westminster, Md
410-751-5501

Enrollment begins
August, 01, 2011

“Just Me”

This class is designed for children ages 2 yrs. – 5 years old. This blended class has been very successful. Each child has the opportunity to socialize and exercise **without a “caretaker”**. During class a variety of props (ie. Parachute, hula-hoops, bean bags, etc) and music will be used to explore movement. In addition, the children will be introduced to basic tumbling, and pre-sports skills.

“Caretaker and Me”

This class is designed for children ages 15 months—2 1/2 yrs old. This class is **with a caretaker**. All children must be walkers. During class a variety of props (ie, parachute, hoops, bean bags, etc.) and music will be used to work on all areas of development . There will be free play and structured activities. We will also use sports equipment and simple gymnastic equipment in class.

Any questions please call
Shareen Scibek:410-374-0180
Cell: 443-340-6413
or email: sscibek@comcast.net

Mailing address:
3997 Terrace Dr. Hampstead, MD
21074

Class Policies

- * Parents may enroll their child anytime during the session. Classes will be pro-rated.
- * If you are a member of the Family center, we will pick up or drop off your child to the Family Center daycare.
- * Students should arrive 5 minutes prior to class.
- * Please leave bottles and snacks outside the classroom.
- * Parents and siblings are not permitted to sit in the class and observe. (Just Me)
- * A child/sibling may try the class for a fee of \$6/class. Please RSVP a spot.

WEATHER POLICY schedule when inclement weather. (We follow Carroll County Public schools)
CCPS CLOSED—no class.
CCPS 1 HR LATE— a.m. classes will be delayed 1 hr.
CCPS 2 HR LATE-There will be 1 joined “Just Me” class at 11:00-11:45am.
The “caretaker and me” class will be from 12-12:45pm.

If it starts snowing in the morning and CCPS are still in session, classes will be held.

REFUND POLICY:

- *Withdrawal before session begins-full refund
- *Withdrawal after 1st class-no refund
- *Class is cancelled-full refund
- *Refunds/credits will not be given for missed classes.
- *Each student may make-up 1 missed class/session.